

Rai Valley Area School

**Growing and Learning Towards a Great Future** 

Phone: 03 571 6016

Email: office@rai.school.nz

www.rai.school.nz

# Rai Valley Area School

# Newsletter

Issue No.6 31st May 2024

# Tumuaki's Report



Kia ora koutou,

At the end of this week we are halfway through a really busy term. In the last couple of weeks we have had both staff and students unwell due to Covid and, in addition, there are a number of other bugs doing the rounds. We are very fortunate to have relief teachers to cover staff who have been unwell or out of school due to Professional Development or Sport.

Congratulations to Tessa Zillwood and Keegan Quirk who have been selected to attend the National TOSI Tournament in Te Awamutu. It has been some time since we have had students attend Nationals. This is a great achievement and we wish them both well at the tournament. Thank you to the parents who attended the NCEA evening. NCEA changes are complex and it can be challenging to get a good understanding of the different elements. If you were unable to attend please do not hesitate to contact Dan Waldie or myself with any questions you may have.

This week the Year 10 and a few Year 11's have sat the CAA's - NCEA Level 1 Common Assessment Tasks in Reading, Writing and Numeracy. Students need to gain the credits in each of these assessments before they can complete NCEA Level 1. The next opportunity to sit these will be in term 4.

# **Our Details:**

Rai Valley Area School

6700 SH6, RD 2 Rai Valley

Marlborough 7192

Telephone: (03) 571 6016

Email office: office@rai.school.nz

Web address: www.rai.school.nz

# **Our People:**

Principal: Maree Furness

Primary Leader: Karen Davies

Secondary Leader: Dan Waldie

Primary Senco: Jennie Brook-Watt

Secondary Senco: Eli Briasco

Learning Support Coordinator: Theresa Neal

Executive Officer: April Morris

Receptionist: Pauline Agnew

Caretaker: Shane Dearman

# Tumuaki's Report con't



This week the Career Navigator students had a full day in Picton looking at all the employment opportunities around aqua-culture. On Wednesday a group of senior girls attended a "Girls in High Vis" day looking at a range of career options. Also this week some of our students attended the NMIT Taster courses in a range of subjects in Nelson and Blenheim.

Next week is just as busy with the Hauora Health day on Thursday 6th June. There are a number of activities and all students have been given information to take home. Parents/caregivers are very welcome to join us during the day. AND on Thursday the 6th of June, four Year 5 to 8 Students will travel to Waitaria Bay for the Pelorus speech competitions.

Friday the 7th of June is a Teacher only Day for Year 1-8 but School is definitely running as normal for Years 7-13.

I hope everyone has a wonderful long weekend. Stay warm and re-charge.

Noho ora mai

Maree



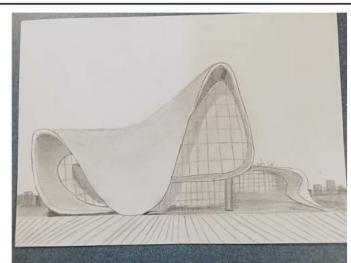
Monday 3rd June NO SCHOOL ALL- King's Birthday

Friday 7th June NO SCHOOL Year 1-8 PRIMARY ONLY Year 9 -13 school as usual

Monday 17th June NO SCHOOL Year 9-13
SECONDARY ONLY
Year 1 -8 school as usual







By Sophia Wiesnerr





# Secondary News



Halfway through the term and the push towards assessments is heating up!

As I write we are just coming to the end of our Year 10 students sitting the first round of the "new" Literacy and Numeracy Assessments which are externally assessed (exams). The majority will have sat the Reading, Writing and Numeracy tests, and these will be the first benchmark of student achievement at NCEA Level 1.

Our students in Years 11-13 should also be working diligently on a range of assessments, including students engaged in vocational as well as online (Te Kura, NetNZ), so now is a great time to check in with them and see how they are progressing. Closer to the end of the term you will receive the mid-year reports for students in Years 7-13, which will be followed by Parent Teacher Conferences for students in years 9-13.

Term 2 is also filled with a huge number of Extra Curricular Activities, including Career Navigator, Women in Hi-Vis and an increasing number of glimpses into Tertiary education. It is also a busy time for getting competitive, including the inaugural Inter House Ki-O Rahi competition (which will culminate in the winning house v. a staff team).

We have also had the Year 6-8's competing at the "Lit Quiz" in Nelson (see later in newsletter for more details) and our Year 5 and 6's have just returned from the inter schools Primary Ripper Rugby Competition.

This week we will also have a contingent of students travelling to Waitaria Bay for the Pelorus Speech competition.

You will also start to hear more about our students who are going to the National Area Schools Tournament as well as The Spirit of Adventure.

We are also building up to our celebration of matariki, more details of which will appear in a later newsletter.

Phew!

Nga mihi

Dan Waldie





Greetings everyone,

I am finding it hard to believe that we are at the end of week 5, half way through the term already, with plenty of events ahead of us too.

Next Thursday, 6th June, Mr Waldie has organised a health day when other agencies come in to share ideas and interesting things with the students. All primary students have had a letter home about this, this week.

On the Friday of next week, 7th June, the primary and year 7-8 teachers are involved in a TOD at Havelock School with teachers from the other Pelorus Cluster schools for Professional Learning and Development.

There will be NO Classes for the PRIMARY STUDENTS. Secondary students and teachers will be there as normal.

The following week some primary students will be invited to participate at the Marlborough Gymnastics Festival at Stadium 2000, in Blenheim. All students will be learning and practising their gymnastics abilities and hoping we can put a team together for the festival.

Students have been practicing and delivering speeches this week. Speech results will be given to the teachers on Tuesday to be shared with the children. Results will be published in the next newsletter. We are trying to plan a mini - assembly for parents to come an listen to all the winning speeches, after the senior primary children have return form their competition also, which is next Thursday.

Year 4,5,6, with Mrs Massey and Mrs Ballantyne took 18 students to Rippa Rugby Tournament in Blenheim on Wednesday which was very successful. Some wins, but great participation and enthusiasm. Well done and thank you to the teachers for behind the scenes work.

Short week next week, no school on Monday or Friday. On Thursday is the whole school Health Day and on Thursday Mrs Waldie is taking 3 students to Waitaria Bay to join in the Pelorus Cluster Speech Competition. We wish them well.

Have an awesome weekend everyone.

Karen Davies Head of Primary Syndicate.









It is Autumn and Room 14 has been out and about exploring the leaves around school.

Here is a photo of us playing in the big pile of leaves outside Room 14.

We have also painted and printed with leaves and have written about our experiences.

Here is some of our work.









On Friday 3rd May a small group of our avid year 5-7 readers participated in the Nelson Marlborough heat of the KidsLitQuiz competition. Teams of four students were asked to answer 100 questions on children's literature divided into ten categories, which vary each year. Congratulations to Annie Jones, Scarlett Morrison, William Waldie, and Keira Wearing- Holmes, who can't wait to beat their score next year!











# What a RIPPA!

On Wednesday 29 May, 18 children from Years 3-6 travelled to Lansdowne Park in Blenheim for the MPA Rippa Rugby Tournament.

The two teams played in the "have a go" grade and had a wonderful time learning how to play Rippa Rugby. It was great to see the children with more experience encouraging others and showing great leadership on the field. We even took away a few wins!

We are looking forward to next year when we will have a team in the competitive competition.

As always, thank you to our wonderful parents that came along for the day and helped with transport, your help is much appreciated.

If your child still has their RVAS touch rugby t-shirt at home, please return to school as soon as possible.









# Qurevoir, Giulia,

We are sad to say goodbye to our wonderful Year 7 visitor from France, Giulia, who has been with us for the past three months. In that short time, Giulia has become a cherished member of our school community.

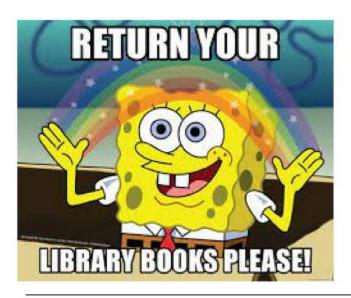
Giulia's kindness and thoughtfulness shone through in everything she did. She was always willing to lend a helping hand and made friends easily with her warm personality. Her hard work in class was truly admirable, as she tackled the challenges of learning in a new environment with such enthusiasm.

Giulia's classmates will miss her dearly, and we have no doubt that she has made some lasting friendships during her time here. We wish Giulia all the very best in her future endeavors and hope that she will carry fond memories of her time at our school.

Bonne chance, Giulia!







Notices go out regularly to students. Please check boomerang books . Please help me get through the back log of reserves by helping students return their over due books to the library





# Primary Speech Winners

Before American Idol, Britain's Got Talent and the Voice there was another song contest called Eurovision the biggest song contest in the world and if you don't know what Eurovision is where have you been your whole life, under a rock? Today, I am going to convince you to watch Eurovision. In my opinion Eurovision is the best song contest in the world!

Eurovision began on the 24th of May 1956 in Italy. It is the longest running international singing competition in the world. Countries from all over Europe participate in this competition including Ukraine, Greece, Austria, the UK and weirdly Australia .There are 52 countries altogether that compete for the grand prize. The winning country gets to host the next year's contest except Australia.

Each competing country submits one song to the first round of judging for Eurovision. There are three main rules for Eurovision. The first one is that all songs must be original and no more than three minutes long. The second rule is that lead vocals must be performed live, that means no lip syncing. The final rule is no more than six performers can take the stage at the same time.

From the first round ,26 countries make the grand final where they perform their song and receive two votes ,a jury vote made up of four judges from each competing country and the telly vote. The song with the most votes wins the trophy and they perform again in front of the stadium to celebrate winning .

There have been some famous people who have won the Eurovision contest. The most famous being ABBA who won in 1974 for Sweden and Celine Dion who won the 1988 contest for Switzerland.

I love watching Eurovision with my dad. We even get up really early in the morning to watch the show live. This year the competition was held in Sweden. Nemo, an artist from Switzerland won with his song "I broke the code." My favourite performance was by Italy, they weren't very successful though. So tell me, did I convince you, because I think everyone should watch Eurovision, too.

HARRIET LEOV Year 5











Kia Ora, my name is William. I am from Rai Valley Area School and my speech is about being kind.

Kindness is putting other people's needs before your own. It is saying or doing something positive for someone else. It is simply being friendly and nice!

Pretty simple eh?

Yet so many people struggle with this.

We are told at school that unkind behaviour is only bullying when it happens more than once. When it is repeated by the same person or group of people.

But imagine this... you are walking down the hallway and someone runs into you. They don't say sorry, but just walk off smiling. How would it make you feel?

A short time later you are in class and a different person foot trips you. How do you feel now? Later you are mocked for not wearing the correct uniform by a different person. In maths class your teacher asks you to get into groups and the other three people at your table turn their backs on you. All of these individually are simply unkind and not bullying but I bet it wouldn't feel like that if it was you.

Did you know that over 46% of New Zealanders say they experienced bullying at school. Let's turn this statistic around with kindness.

Please think about your actions. One tiny unkind action or word might be the one of many someone receives in a day.

Evidence shows that being kind can also benefit your own mental health and wellbeing. It can reduce stress as well as improve mood,self-esteem and happiness! Imagine that you're walking down the hallway and someone runs into the person in front of you. Do you think it'd make you feel better if you went and helped them? Do you think it'd make them feel better?

Kindness is like an antidote to isolation and creates a sense of belonging. We all need to feel included and that we belong.

A recent survey found that 63% say their mental health was improved by being kind to others. Another good reason to be kind! Another reason is that if you are kind to someone, they are more likely to return the favour (at some point you might need their help).

I know that on days when I'm feeling down, one simple act of kindness can make me feel better and help me feel kinder.

Sometimes, all we need is to feel that someone is on our side.

Notice that someone is lonely and invite them to play.

Itf someone is struggling, se if you can help them.

Help each other.

Stand up for others.

Helping and being kind makes you and others feel better!

My challenge for you is to do 10 Random Acts of Kindness by the end of the week to help sok, school and at home.

WILLIAM WALDIE Year 7





Did you know that nearly 30,000 girls play rugby in New Zealand. One of them is me. Today I am here to convince you to give rugby a go.

The first reason is that it is good for fitness and strength. Strength and fitness are important in rugby because you need to run for a long period of time if you want to score a try. When me and my team train we do sprints, but kicks, high knees and bear crawls.

The second reason is that you learn lots of cool tricks. Like tackling, kicking really high and passing very far, you can learn how to dive If you want to score a try. In rugby you always need to have your hands up and call for the ball so that your team knows that you want the ball.

The third reason is that it is a good way to let out anger in a safe way. Sometimes when I tackle I pretend that it is my sibling when they annoy me. Studies have shown that rugby is actually a great stress reliever. The physical effort of playing rugby releases endorphins which are natural chemicals in the brain that reduce stress and improve your mood.

I play for Pelorus in the under tens one of my friends are in my team and we always gang up on the boys. My dad and my friend's dad are our coaches. We train on Thursday night at Havelock field. We learn lots of cool tricks like tackling, kicking, passing, diving, dodging and catching the ball. We play on a Saturday morning in Blenheim or sometimes Havelock. I hate doing it in the morning because it is always so cold and we have to get up sooo early but once I get started I love it!

There are 15 positions in rugby, I play position 11 which is left winger. I hate being on the wing because I never get the ball.

I know that there aren't many girls out there that play rugby, but the number of them is increasing and that's why I'm here today.

My favourite girl team is the black ferns. One of my favourite girls in that team is Ruby Tui. She is so good at tackling and scoring tries

In rugby you have to wear a uniform. A blue shirt, black shorts, long socks, and most important mouthguard, you also have to get rugby boots which have sprigs on the bottom of them so that you have extra grip. You also have to tie up your hair so that they dont pull it.

On my birthday I went to Auckland and watched the final game of the Black Ferns. It was amazing and really inspirational. It made me want to keep pushing myself and doing rugby so that I end up like them.

I love rugby mainly because you learn so many new tricks and also because I am so competitive and I like active games just like rugby. I hope that I have convinced you to give rugby a go. Thank you for listening to my speech.

SOPHIE THOMPSON Year 7





# Te Whatu Ora Health New Zealand









# rai valley area school Hauora health day

Thursday 6th June 2024
Sessions within school start at 9AM

Opportunity for Community/Parents/Whanau to meet the practitioners/contributors from 3-3:45 in the afternoon.













# Secondary News





In Year 9 and 10 Health, we are finishing a learning unit on friendship and how to be a great classmate. We have been studying 'The RAI Way' values of Respect, Achieve and Inspire and how these values can influence how others see us. This learning has included how to be respectful of one another, accepting everyone is unique and how to be a kind, caring person. Co-operation, engaging in the learning task and listening to others' points of view, have been our key focus this week. Working within a team is the final learning outcome that we are focusing on and from the photos, you can see we are developing some great interpersonal skills. Year 10 students are developing their leadership skills and have been given the lead role of group co-ordinator. This challenge has been met head-on and they have jumped at the chance to apply their leadership skills. It's great to observe our students working together to achieve a common goal!

# 2024 HEALTH PIC·COLLAGE

# RVAS is limiting the printing of the Newsletter paper issues.

If you still require the paper copy please contact the school office office@rai.school.nz | 03 571 6016

# **School News**



# Up & Coming Key School Dates for 2024

Monday 22nd July	T3W1	TERM 3 BEGINS - Whole school 8.45am
Friday 5th July	T2W10	Term 2 ENDS
Thursday/Friday 4th-5th July	T2W10	Life Education Bus onsite
Friday 28th June	T2W9	Matariki - NO SCHOOL
Thursday 27th June	T2W9	RVAS Matariki Celebration
Wednesday 26th June	T2W9	Jumping June Skip Off
Tuesday 25th June	T2W9	Secondary Parent Teacher Conference Y9-13
Thursday 20th June	T2W8	Marae visit - Primary Y5-8
Wednesday 19th June	T2W8	Primaryl Dance - Year 1-8
Monday 17th June	T2W8	Secondary TEACHER ONLY DAY - Y9-13 ONLY
Friday 14th June	T2W7	Gymnastics - Primary
Wednesday 12th June	T2W7	Future of Work - Blenheim Y10-13
Friday 7th June	T2W6	Pelorus Cluster TEACHER ONLY DAY Y1-8 ONLY
Thursday 6th June	T2W6	Pelorus Cluster Speeches - Waitaria Bay
Thursday 6th June	T2W6	Hauora Health Day - WHOLE SCHOOL
Monday 3rd June	T2W6	King's Birthday - NO SCHOOL



# Fundraising help needed

Kia ora.

We are two Rai Valley Area School students who were recently selected from 14 area schools to represent the upper South Island at the 2024 National Area School Sports Tournament. This year's tournament will be held from the 8th to the 11th of July in Te Awamutu.

As students living in rural Marlborough, the tournament provides a rare and exciting opportunity to compete at a high level against the best area school athletes in the country. It also offers the chance to gain selection in the New Zealand Area Schools team in our respective sports (Keegan: basketball; Tessa: basketball, rugby and football).



Unfortunately, attending the tournament comes at a cost - approximately \$4000, which includes our flights, accommodation, tournament fee, uniform and transport for the week away. We have been busy selling fundraising chocolates and organising a raffle, but we would really appreciate any financial support that you are able to offer as a sponsor.

In return for your support, we would be happy to thank and promote your organisation on the Rai Valley Area School social media pages, as well as in our school newsletter. Also, to show our appreciation, we would also love to present you with a personalised thank you letter and a 'team' photo.

Thank you for taking the time to consider our sponsorship request. Any contribution that you would be comfortable making would be hugely appreciated.

If you are willing to support us, or if you require further information, please reach out to our PE teacher, Mr Eli Briasco:

eli.briasco@rai.school.nz 021 023 79727

Kind regards,

Tessa Zillwood and Keegan Quirk





# School News





# Resilience Taikaha

Means coping with challenges and bouncing back.

# THE KIWI CAN CORNER

Resilience / Taikaha



In Kiwi Can this week we're moving onto our second module for the term self-control and self-discipline. We'll begin by exploring what self-control is - and why it is important. We're also starting to learn to take control of our emotions in a range of situations.

Ideas to talk about at home...

- How would you explain "self-control"? (Perhaps we can use words like "self-control means managing and controlling our emotions").
- When did you use self-control today?
- What are some ways you can use self-control when you're playing a class
- What are some ways that help you get back to feeling calm when you're nervous or outside your comfort zone?
- When you are calm, what sort of choices do you make? What about when you are angry or frustrated? Why?



Follow @GraemeDingleFoundationMarlborough to stay up to date





WE'RE OPENING OUR HELPLINE ESPECIALLY FOR PARENTS AND CAREGIVERS

whatsup.co.nz | 0800 942 8787









# Resilience Taikaha

Means coping with challenges and bouncing back.

# THE KIWI CAN CORNER



### Resilience / Taikaha

Next up in Kiwi Can we are learning a range of different strategies to help manage our emotions. Strategies might vary from more structured activities such as breathing exercises and yoga, through to going outside for a walk or to kick a ball, reading a book, asking for a hug, squeezing a stress ball, or drawing... Can you think of others that work for your child or whanau?

Why not carry on the learning at home. Have a chat about...

- What are some ways you have learned about in Kiwi Can to get back to feeling calm? Which strategies work well for you?
- · When you are feeling relaxed, how do you feel in your body, brain and
- Can you think of a time when you got really cross or frustrated? Imagine you could time-travel back to that day and see your younger self. What advice would you give yourself?
- If you were a colour today what colour would you be, and why? What colour would other people in our house be today, do you think?



Follow @GraemeDingleFoundationMarlborough to stay up to date

FOUNDATION

# **School News**



<u>Student Absentee / Buses / After School Arrangements /</u>
<u>Students arrive late / Parent deliver or collect students - May 2024</u>

Could you please notify Pauline, when required as soon as possible, at the school office regarding above issues with a reason, either by phone (03 5716 016) and leave a message or by email (office@rai.school.nz) or personally to the office or by a written note (boomerang book).

This allows up-to-date recorded information for emergencies.

If students are late at school or leaving during school hours: Parents need to sign in or out at the school office.

Thank you in advance.





Do you want to learn the guitar?
Interested in lessons?
When: Monday & Friday morning tea time
Where: In the VC room at the library
Cost: \$10 per session





If you are interested please talk to me Sophia Wiesner at school or email me on sophia.wiesner@rai.school.nz

# RVAS Navy Soft Shell Jackets In Stock now \$70 each



# **AFTER SCHOOL CARE**

is available from 3pm to 5pm

Monday - Friday

contact the school office or

Skylar on 027 244 9390 to book in.

(Skylar does not have access to her phone from 8.50am-2.50pm)

# \$5 per child per hour





The Swimming Pool is now closed for the season.
Please return your keys to Renee Jope or the school office



The Havelock Lions Club and



proudly present



# avelock rass in H

A concert by the Marlborough District Brass Band

# Havelock Town Hall Main Road, Havelock

One Performance Only! Saturday 22 June 7:30

Ticket Prices: Adults: \$20; Seniors \$12; Children \$10; Under 5 free.

Family Ticket: \$50

March on down to the Havelock Hall to sit back and enjoy an evening of your favourite tunes along with some you may not have heard before.

Seating is café style, the Pelorus Preschool will have tempting nibbles for purchase.

There are no table bookings, arrive early to get your choice of seat!

# Tickets available from:

Online: https://trybooking.co.nz/RUC

The Gallery - Main Road, Havelock (Ph 574 2821) Tickets:

Door Sales: On Saturday evening, from 6pm at the Hall

# Rai Valley Area School

Thanks to the below businesses for sponsoring our school app:



If you would like to advertise on the Rai Valley Area School Skool Loop App please email Content@skoolloop.com

To download our app: In Google Play & App Store search 'Skool Loop' & choose School once installed.

# PLEASE SUPPORT THOSE WHO SUPPORT US



KURTLINDSAY TEAM. DAYLING



# Pelorus Bridge Cafe & camping ground Proudly Supporting Rai Valley School & Community



027 439 4606 • greg@pelorusvalley.co.nz PO Box 52, Havelock 7150



Rai Valley

**Brick Oven Cafe** 

Homemade Food At It's Best

Proudly Supporting Ral Valley School

Ph 571 6005

B careful

B bright

Bseen

B safe

Our Specialities:

Country Fried Chicken - Catering Coffee - Takeaways - Groceries

TAIL supports the safety

of children sharing our

roading network in communities throughout the Jasman impion

# RAI VALLEY MOTORS

03 5716 019

Proprietors: Phillip & Kelly Hawkins

## OPEN 6 DAYS

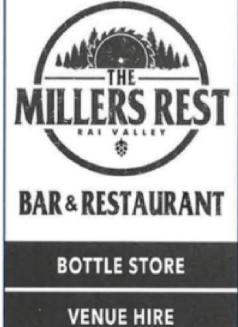
PETROL - DIESEL - CIL
AA MEMBER - ENGINE RECONDITIONING
& WELDING - CHAINSAWS
LAWNMOWERS - GENERAL ENGINEERS

Main Road, Rai Valley

atori

☎ 571 6014 A/H 571 6105







Marlbarough Helicopters Ltd

Spraying, topdressing, lifting and air transport

& vege, Bait, tackle, ice. Coffee, hot/cold food & drinks. EFTPOS, OPEN 7 DAYS. PH 022 439 6171

PHONE 03 651 0050

f o themillersrest



Office & A/H (03) 578 9684



FRENCH PASS STORE

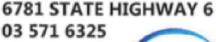
Groceries, meat, fresh fruit

General Engineering/Aluminium/Stainless

- Full Mechanical/WOF/MTA
- Hydraulics/Sales & Service/Mobile Truck
- Remquip/Forestry Equipment (Satco)
- Storage/Lockup

Phone 03 571 6129

www.remgroup.co.nz



STORE MANAGER KRISTIN ALDRIDGE



# EXCAVATION

- \*LICENSED DIGGER OPERATOR
- RELIABLE & EFFICIENT LATE MODEL EXCAVATOR
- POLEHOLE BORING \* TILT & GRAPPLE BUCKETS
- TOPSOIL . SAND . AGGREGATES
- SLIP REMOVAL & STORM DAMAGE REPAIR
- SITEWORKS & EARTHMOVING TRENCHING • DRIVEWAYS

# CONSTRUCTION

- LICENSED BUILDING PRACTITIONER
- PETAINING WALLS
- POLESHED / FARMSHED CONSTRUCTION



ADRIAN MARTIN: 027 274 2008 OR A/H: (03) 571 6327 medsmeltd.co.nz